

LOOPS - Timing and Accuracy

This exercise is key to mastering trigger control. Don't let the loops deceive you. This can be a very difficult skill to execute, so don't be hard on yourself if things aren't looking right at first. It should take you at least 50 practice sessions before you start to get a feel for how things are working together. Now go get your practice sheet and lets get started!

Start at your first line. Compress the trigger for air and slowly pull back to release paint. Lock your trigger in position and begin to make your loops between the top and bottom lines moving continuously from left to right. As you reach the top of each loop, pull your trigger back slightly to release more paint, then return to your previous position and complete the loop. Do all of this while maintaining distance and speed. Go slowly at first while keeping in mind all of the actions that are happening simultaneously. Move all the way across without stopping the air or paint flow.

As you go across the page, look at the shape and size of your loops. Are they staying consistent? Are the loops slanted or straight up and down? Is the space between loops the same all the way down the line? These are some things to look for while executing a continuous stroke such as this. After finishing a few rows change your routine. You can do this by releasing the extra burst of paint at the bottom of each loop instead of the top.









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EXERCISE: Loops Lock the trigger in position and begin to make your loops between your top and bottom lines moving continuously from left to right. As you reach the top of each loop, pull the trigger back slightly to release more paint. Note the difference, the top row has thicker tops, and the second row has thicker bottoms.

